



MASSAGES

SWEDISH MASSAGE

Back, neck, shoulders	25mins	Mon-Fri £38 Sat-Sun £44
Back, neck, shoulders , hands feet & scalp	40mins	Mon-Fri £60 Sat-Sun £70
Full body	50mins	Mon-Fri £70 Sat-Sun £80
Full body, face & scalp	80mins	Mon-Fri £95 Sat-Sun £105

ELEMIS MASSAGE

(Not suitable during pregnancy)

Back, neck, shoulders	25mins	Mon-Fri £40 Sat-Sun £46
Full body	50mins	Mon-Fri £75 Sat-Sun £85
Full body, face & scalp	80mins	Mon-Fri £100 Sat-Sun £110

AROMATHERAPY ESSENTIAL OIL MASSAGE

(Not suitable during pregnancy)

Back, neck, shoulders	25mins	Mon-Fri £40 Sat-Sun £46
Full body	50mins	Mon-Fri £75 Sat-Sun £85
Full body , face & scalp	80mins	Mon-Fri £100 Sat-Sun £110

INDIAN HEAD MASSAGE

40mins Mon-Fri £60 | Sat-Sun £70

REFLEXOLOGY

50mins Mon-Fri £75 | Sat-Sun £85
80mins Mon-Fri £100 | Sat-Sun £110

DEEP TISSUE AND SPORTS MASSAGE

30mins	(eg back or legs)	Mon-Fri £40 Sunday £46
60mins	(eg back and legs)	Mon-Fri £75 Sunday £85
90mins	(eg full body)	Mon-Fri £100 Sunday £110

Speak to one of the team about a Glassworks club membership with full access to gym and spa facilities and over 35 classes every week
PLUS treatment and salon discounts*

*Available Monday to Wednesday