



Gift  
Vouchers  
available  
online or  
from our  
Front Desk

## PREGNANCY TREATMENTS

Please advise how many weeks along you are when making your appointment

During your 1<sup>st</sup> Trimester we can offer a range of Nails, Facials, & Waxing bookings only.

During your 2<sup>nd</sup> & 3<sup>rd</sup> Trimester you can choose from our Swedish & Pregnancy Massages, Facials, Nails, Waxing, and Pregnancy Treatments.

### PEACEFUL PREGNANCY MASSAGE

RELAXING SCALP, NECK, & SHOULDER MASSAGE

25mins

Mon-Fri £35 | Sat-Sun £40

BACK, NECK, & SHOULDER MASSAGE

30mins

Mon-Fri £40 | Sat-Sun £46

FULL BODY MASSAGE

60mins

Mon-Fri £70 | Sat-Sun £80

### PREGNANCY COMBINATIONS

TIRED FEET

Foot soak exfoliation & massage to lower legs and feet

40mins

Mon-Fri £55 | Sat-Sun £65

BEAUTIFUL BUMPS

Foot soak with massage, 50mins customised facial & scalp neck and shoulder massage

80mins

Mon-Fri £90 | Sat-Sun £100

PRENATAL PAMPERING

50mins customised facial, hand, feet & scalp massage & mini pedicure

80mins

Mon-Fri £90 | Sat-Sun £100

PEACEFUL PREGNANCY

60mins advanced facial, & full body massage

2hrs

Mon-Fri £135 | Sat-Sun £150

BOOK ONLINE AT [WWW.THEGLASSWORKSGYM.CO.UK](http://WWW.THEGLASSWORKSGYM.CO.UK) OR CALL 01223 305060