

# COMBINATION & MASSAGE TREATMENTS

## BIOTEC FACIAL & MASSAGE COMBINATION

60mins **£80** *with spa access Mon-Fri £100*

1h40mins **£110** *with spa access Mon-Fri £130*

## ADVANCED FACIAL & MASSAGE COMBINATION

50mins **£75** *with spa access Mon-Fri £95*

80mins **£100** *with spa access Mon-Fri £120*

## REFLEXOLOGY

50mins **£85** *with spa access Mon-Fri £105*

80mins **£110** *with spa access Mon-Fri £130*

## BODY SCRUB

35mins **£55**

## INDIAN HEAD MASSAGE

40mins **£70**

## SWEDISH MASSAGE

*The most popular massage style using long strokes to relax*

25mins **£44**

40mins **£65**

50mins **£80** *with spa access Mon-Fri £100*

80mins **£110** *with spa access Mon-Fri £130*

## ELEMIS MASSAGE

*ELEMIS' own deeper massage, using elbow and forearm techniques*

## AROMATHERAPY MASSAGE

*A gentle and soothing massage, with essential oils*

## ELEMIS or AROMATHERAPY MASSAGE *(Not suitable during pregnancy)*

25mins **£46**

50mins **£85** *with spa access Mon-Fri £105*

80mins **£115** *with spa access Mon-Fri £135*

## MESSAGE TIMING OPTIONS

25mins *Back, neck & shoulders*

40mins *Back, neck, shoulders, hands & scalp*

50mins *Full body*

80mins *Full body, face & scalp*

## DEEP TISSUE AND SPORTS MASSAGE

30mins **£44**

60mins **£80**

90mins **£110**

### MIDWEEK SPA UPGRADES

Upgrading treatments - as detailed - to include up to two hours of spa access is subject to availability and is only available **Monday to Friday**.  
Speak to one of our dedicated reservation team for more information.